



Welcome to Buddys` Bar.

Allergens Information: 1 Gluten (cereals containing), 2 Celery,
3 Eggs, 4 Milk, 5 Mustard, 6 Soy; 7 Sesame; 8 Peanuts, 9 Nuts,
10 Fish, 11 Crustaceans, 12 Molluscs,
13 Sulphur Dioxide &/or Sulphites, 14 Lupin



Starters

Caprese Bruschetta £5.95

Garlic Sourdough Toast, Vine Ripe Cherry Tomatoes, Mozzarella, Pesto, and Parmesan Shavings
(Allergen's: 1,4,9,13)

Breaded Halloumi Cheese £6.95

Garden Salad, Tomato Salsa
(Allergens: 1,3,4,5)

Mid & Primes Chicken Wings £6.95

Tossed in Frank's Hot Sauce
Served with Blue Cheese Dip & Celery.
(Allergen's: 2,3,4,13)

Harbour Summer Salad £4.95

Add: Spiced Chicken £1.00 | Chilli Prawns £2.00 | Tofu £1.00
Mix of Summer Leaves, Lettuce, Mint, Cabbage, Olives and Ripe Vine Cherry Tomatoes,
Served with House Citrus and Agave Dressing or Caesar Dressing
(Allergen's: 1,3,4,5,6,10)

Sharing Platters for 2:

Flat and Toasted Breads £9.95 *

Hummus, Guacamole, Tapenade and Caponata.
Extra Virgin Olive Oil, De Nigris 65% Balsamic Vinegar
(Allergen's: 1,4,7,10,13)

Homemade Tacos (3) £14.95 *

Slaw, Roasted Mediterranean Vegetables and Spiced Chicken or Tofu.
Add: Chilli Prawns £2.00
(Allergen's: 1,3,6,11)

The Farmer`s Platter £16.95*

Beer Battered Onion Rings, Chicken Wings tossed in Frank`s Hot Sauce,
Chicken Goujons and Sweet Potato Fries
(Allergen's: 1,2,3,4,13)

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Main Courses

- 10oz McGovern's Sirloin Steak** £23.95 **
*Parsnip Puree, Wine Caramelised Onions
Pepper Sauce and Chips
(Allergen's: 2,4,6)*
- Buddy's Bar Beef Burger** £14.95
*Monterey Jack Cheddar Cheese, Ballymaloe Relish,
Crispy Bacon and Chips
(Allergen's: 1,3,4,5,10)*
- Beyond Vegan Burger** £15.95
*An All-Vegan Burger.
Cheese, Salad, Tomato, Red Onions, Ballymaloe Relish and Chips
(Allergen's: 1)*
- Beer Tempura Battered Fish & Chips** £14.95
*Minted Pea Puree and Homemade Tartare Sauce
(Allergen's: 1,3,5,6,10,13)*
- Half Roasted Baby Chicken** £16.95
*Mediterranean Vegetables, Carrot Puree, Mashed Potatoes,
Gravy
(Allergen's: 2,4)*
- Pan Fried Hake** £18.95
*Carrot and Minted Peas Puree, Tobacco Onions, Pesto
(Allergen's: 1,4,6,9)*
- Vegetable Lasagne** £14.95
*Toasted Sourdough Bread, Garden Side Salad with Citrus
Dressing
(Allergen's: 1,2,4,5,13)*

**Available as a main course option for resident booked,
pre-paid package meals*

*** £7 Supplement for resident booked, pre-paid package meals*

SAUCES £2.95

Pepper (2,4,13) | Gravy (2,4,13) | Braised Jus (2,13)

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SIDES

£3.95

Mushrooms in Garlic Butter – 4,6 | Onion Rings – 1,2,6 | Caramelised Wine Onions – 13 | Mashed Potatoes – 4 | Chips – 6
Roasted Mediterranean Vegetables – 2 | Sweet Potato Fries – 6 | Roasted Garlic Potatoes

KIDS DISHES

All served with Skinny Fires & Beans

Chicken Goujons

£7.95

(Allergen's: 1,3,4,6)

Bangers & Fries

£7.95

(Allergen's: 1,6)

Breaded Fish Fingers

£7.95

(Allergen's: 1,3,4,6)

Kids Beef Burger

£7.95

(Allergen's: 1,3,4,6)

Kids Ice Cream Selection

£3.95

(Allergen's: 4)

DESSERTS

£5.95

Panna Cotta

Summer Strawberries, Vanilla and Fruit Coulis

(Allergen's: 4,13)

Lemon Meringue

Lemon Curd, Lemon Crème, Digestive Crumbles and Meringue.

(Allergen's: 1,3,4)

Chocolate S'mores

Chocolate Mousse, Vanilla Cream and Marshmallow

(Allergen's: 1,3,4)

Cheesecake

Raspberry, White Chocolate, Gingerbread Crumb Base

(Allergen's: 1,4)

Selection of Teas and Coffee also available.

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